

# Tea Selections

## English Breakfast

A blend of malty Assams, full flavoured Ceylon and African teas. A traditional favourite.

## Earl Grey

An aristocratic classic, Earl Grey is a light tea pale gold in colour and flavoured with a delicate oil of citrus bergamot fruit.

## Irish Breakfast

A heartier brew than its English cousin because of the higher percentage of Assam and Sri Lanka teas.

## Chamomile

Native to Europe, Chamomile Tea is best known as a cure for insomnia and tension as it has a relaxing and calming effect.

## Peppermint

Refreshing peppermint tea contains the active ingredient menthol, which promotes better digestion. Peppermint tea also contains B vitamins, calcium and potassium.

## Green Tea and Jasmine

A blend of green tea from China with the fresh bouquet of jasmine blossoms.

## Green Sencha

A smooth, honey-coloured Green Sencha tea from China.

## Lemongrass and Mint Infusion

A refreshing caffeine-free herbal infusion with a lemon and mint flavour.

## Rooibos Herbal Infusion

A relaxing caffeine-free herbal infusion with a rooibos and aniseed flavour.

## Chai

Chai is such an important part of India's social custom that they have "Chai Wallahs" who oversee the brewing of the drink. Chai tea is an exotic blend of Indian black tea and spices.

## Iced Tea

Black Tea is a classic foundation for Iced Tea, creating a cool and refreshing tea

**Please inform your waiter if you prefer skim or soya milk**

EXECUTIVE CHEF ANDREW TAYLOR

We apologise for having to apply a surcharge of 15% on Saturday, Sunday & public holidays. This is applied to partly offset weekend & public holiday penalty labour rates. A 3% merchant fee is applied to Amex & Diners.

Vegetarian or Celiac option available please discuss with your waiter